




# Stroke Assessment Vascular Evaluation

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**Dupage Internal Medicine** offers an exciting opportunity to screen for stroke and other vascular diseases in our new testing facility at Mona Kea Medical Park.

 **Stroke/carotid artery** screening. We perform a carotid ultrasound, a painless and harmless test in which high-frequency sound waves are used to create images of the inside of the two large carotid arteries in the neck. This exam shows whether plaque has narrowed the arteries.

 **Abdominal aortic aneurysm** screening. An ultrasound exam screens for the presence of an aneurysm (ballooning) in the abdominal aortic artery.

 **Peripheral arterial disease (PAD)** screening. Blood pressure readings and ultrasound are used to detect this common circulatory problem in which diseased arteries reduce blood flow to the legs.

You should consider screening if you are 50 years or older with a family history of cardiovascular disease or you have diabetes, high blood pressure, heart disease or a smoking history.

Insurance and Medicare do not cover most preventive screening exams. We offer all three screening exams for only \$135. **Call us at 630-668-3210 ext. 5 for an appointment.**

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## Preparation is easy:

- 1) Please wear a two piece outfit. The shirt must be open at the collar with short sleeves. We need to take blood pressures at the upper arms.
- 2) You will be asked to remove your shoes and socks at the exam. No panty hose please.
- 3) No food 4 (four) hours before the exam. If you are thirsty, water is fine but no sodas, caffeine, or dairy.
- 4) The meal 4 hours before the exam should be light (1/2 of your normal meal).
- 5) If you are diabetic and are not comfortable fasting, please limit yourself to a light diabetic meal.

My appointment is scheduled for \_\_\_\_\_ at \_\_\_\_\_.

Testing facility is at **501 Thornhill Drive, Carol Stream, IL** (across from Chase Bank).